



## Community Foodbank

Welcome to the November 2013 Nourish Community Foodbank e-Newsletter. As we publish this newsletter, the full impact of the recently announced energy price rises is just starting to sink in. Recent reports suggest that the demand on foodbanks has surged and twice as many people turned to them for support in 2012 as did in 2011. Please help and support the work of Nourish.

[www.nourishcommunityfoodbank.org.uk](http://www.nourishcommunityfoodbank.org.uk)

**Newsletter  
November 2013**



A note from Carole Wanless, Co-Chair of Nourish Community Foodbank..

"It's incredible to think that just one year ago this month, a group of five people, with financial support from Town & Country Foundation and Tunbridge Wells Borough Council, set up Nourish Community Foodbank.

We were concerned about whether we would have sufficient food to fill our first food bags, as well as how we would deliver them to individuals and families in crisis, but we need not have worried. The generosity of the people of Tunbridge Wells, and

increasingly those further afield in other parts of Kent and East Sussex, has been amazing. Schools, churches, companies, community groups and individuals collected food and donated funds, and have continued to do so throughout the past twelve months.

Our volunteers, who now number forty, also deserve special mention. They are the lifeblood of Nourish – maintaining the food store at Big Yellow, packing and delivering food bags, providing administrative and technical assistance, fundraising and so much more.

The Foodbank is very much a team effort so to those of you who have been involved in Nourish in some way during the past year, a very big "thank you". Your contribution, whether of time, money or food, really has made a difference."



### Support from Lloyds Bank in Tonbridge...

The staff and customers of Lloyds Bank, 121 High Street, Tonbridge, TN9 1DB have very kindly agreed to support Nourish Community Foodbank in the time up to Christmas. A donation box for food donations will be placed in the banking hall from the 1<sup>st</sup> of December. If you live in Tonbridge and would like to support the work of Nourish, please visit Lloyds Bank in The High Street and give generously!



### Charity Of The Year

We are very grateful to The Original Factory Shop for their support. They have chosen Nourish as their Charity Of The Year and we look forward to announcing some results from our relationship in the next newsletter.

### Current Activities....

- Nourish Community Foodbank now have their "Fill A Bag For November" campaign up and running in preparation for Christmas. We currently have over one hundred businesses and offices signed up for this initiative but we would still like more! If your organisation could support us in this way by arranging a food collection during November, please e-mail us at 'Office@NourishCommunityFoodbank.Org.Uk'.
- From December we will be moving to three delivery days a week.
- We are delighted that a form group from Tunbridge Wells Boys Grammar School, led by Mr Roberts, has been campaigning on our behalf by organising a food collection and promoting our work.
- Our Operations Manager, Dawn Stanford, would be very happy to organise some Open Mornings at our unit at Big Yellow Storage in Tunbridge Wells so that our supporters can come and see where we work from. Dawn has already met many of them and has found it very helpful in allowing supporters to understand how much food we use and how it is distributed. Please contact Dawn using the contact details at the end of this Newsletter if you would like to arrange, or be part of, an Open Morning.

### Announcement of New Trustee...

Nourish Community Foodbank is proud to announce the appointment of a new trustee. Alison Green, Head of Marketing within the Sales and Marketing Department at AXA PPP Healthcare based at International House, Forest Road, Tunbridge Wells, has joined our Trustees with effect from the middle of November. Nourish has already built a strong relationship with AXA PPP Healthcare following their recent collection of food for us. Alison joins the trustees with a wealth of experience and expertise that we are very much looking forward to utilising as well as building on our existing relationship with AXA PPP Healthcare. Welcome aboard, Alison!



#### A Note from the Operations Manager...

"Well, what another busy month for donations. Two whopping donations

*from The Bridge Trust which had to be delivered on pallets, donations from Tidebrook Church, Sacred Heart, Wadhurst, Chevening Church, Woodlands Preschool, Temple Grove Academy, Brenchley Church and Preschool, Cranbrook Church and lots of donations dropped into the YMCA warehouse has meant we have been able to fill the thirty five-plus bags each week we have going out for delivery. It was lovely to have so many people visit the unit and see where the food goes and how we distribute it. Our Voucher Scheme has launched so we are now providing families with vouchers for fresh meat and fresh vegetables with the support of Rooks the Butchers and Locality Greengrocers. A huge 'Thank You' must go to the staff at Big Yellow who have been taking deliveries for us, administering first aid and generally being so supportive of us and going the extra mile to be helpful and accommodating. This month sees our "Fill A Bag For November" campaign. We have shopping bags and a 'wish-list' that can be requested from 'Office@Nourishcommunityfoodbank.org.uk'. These are the bags that we fill and send out for delivery so if you know of an office or organisation that would be willing to join it's not too late!*

*We are meeting with other organisations to discuss and prepare for the Christmas period, both with provision and support so watch this space for updates. Thank you to all our supporters new and old. We couldn't do this without you."*

**Dawn Stanford**

If you would like to contact Nourish to offer your support in any way or to discuss a potential referral, here are some contact details you may find useful:

Main E-Mail: [office@nourishcommunityfoodbank.org.uk](mailto:office@nourishcommunityfoodbank.org.uk)

Main Enquiry Number: 01892 548892

Co-Chair: Olga Johnson E-Mail: [olga@nourishcommunityfoodbank.org.uk](mailto:olga@nourishcommunityfoodbank.org.uk)

Operations Manager: Dawn Stanford E-Mail: [dawn@nourishcommunityfoodbank.org.uk](mailto:dawn@nourishcommunityfoodbank.org.uk)  
Home: 01892 671389  
Mob: 07785 987532

Volunteer Coordinator: Vix Daniel E-Mail: [vix@nourishcommunityfoodbank.org.uk](mailto:vix@nourishcommunityfoodbank.org.uk)

Newsletter & Website: Andy Lloyd E-Mail: [andy@nourishcommunityfoodbank.org.uk](mailto:andy@nourishcommunityfoodbank.org.uk)