



NEWSLETTER

October 2015

[WWW.NOURISHCOMMUNITYFOODBANK.ORG.UK](http://WWW.NOURISHCOMMUNITYFOODBANK.ORG.UK)

REGISTERED CHARITY NO. 1154716

# Nourish Update

by Olga Johnson ( Co-Chair )

After a hectic summer with unprecedented demand for food bags we almost ran out of food!

Fortunately local schools, churches and businesses came to our rescue by donating their harvest festivals so we now have enough food to keep us going until Christmas. Thanks so much to everyone who donated food and all the companies who encouraged their staff to support us. We are really grateful.

Increased demand for food bags for families reflects **End Child Poverty** stats published in October 2014 indicating that 17% of children in Tunbridge wells live below the poverty line with a similar level in Tonbridge.

In connection with the proposed tax cuts it has been estimated that 2900 families in Tunbridge Wells will be affected. This is very worrying and we have already put in place plans to meet this increased need.

We are still looking at recruiting volunteers in all roles but are really keen to talk to drivers who could help to deliver food parcels. Call Dawn on **07785 987532** if you can help on a Monday, Wednesday or Friday morning from 10 am until Middyay.

With your help we can rise to the occasion and no one will go hungry in Tunbridge Wells!

Thanks so much for your continued support.

Olga Johnson  
Co-Chair

Is your company thinking of supporting a charity in 2016?

We could be your charity of the year!

Partnering with us as your chosen charity of the year is a fantastic way to get your whole company united around a local charity and increase staff retention, loyalty and motivation.

We can provide you with a range of fundraising materials, support and motivation along the way.

If you are interested in supporting Nourish Foodbank in 2016 then please email Paul on [paul.haines@nourishcommunityfoodbank.org.uk](mailto:paul.haines@nourishcommunityfoodbank.org.uk)



## Love Where We Live Awards

Congratulations to Sienna Samways who was a Young Volunteer of the Year finalist at the **Love Where We Live Awards 2015** for her volunteering for Nourish.



## Sainsbury's Update

We have received our final funds through from our pods during our time at Sainsbury's and we received a fantastic total of **£2,636.63** from customer donations. Huge thanks to everyone who supported us with food or money over the past year. We continue to receive amazing food donations on a weekly basis from our collection point in store. As at 30.10.15 we have collected a total of **4,470.20kg** of food.

# Fundraising, Collections and Events

2015-2016



## The Big Nourish Bid Off

Tickets are now on sale for our fundraising night at Woods restaurant on **21<sup>st</sup> November**.

Tickets can be bought from the Childrensalon shop and Head Office at 21 Decimus Park.

The **£25** ticket price includes a welcome drink, hot buffet dinner, live music and the chance to bid on some of our amazing prizes. We will also be holding a raffle on the night and tickets can be bought for **£1** each even if you are not coming on the night.

Our special guest on the night will be the **Tunbridge Wells Mayor, Councillor David Elliot** and we are delighted that he will be attending and helping with our Auction and Raffle.

We are still on the hunt for any more generous souls offering prizes and so if you would like to contribute a prize to our auction or raffle then please email [paul.haines@nourishcommunityfoodbank.org.uk](mailto:paul.haines@nourishcommunityfoodbank.org.uk) with a description, a value and a photo if possible.

Any item or service donated will receive exposure on our website and social media

You can see more information about the night and a full list of the fantastic prizes available on our website.

## Nourish Dragon Boat Festival

We had an amazing day in September at the Dragon Boat Festival and after collecting all the sponsorship and donations we managed to raise a fantastic ...

**Total Raised £2740.17**

## Harvest Festival 2015

This year's Harvest festival has truly been overwhelming with almost 30 different schools, churches and organisations donating food and funds.



We collected an amazing **7,157.31Kg** of food and provisions plus a fantastic **£1,748.55** in donations. See our website for the full report and plenty of photos.

## AXA PPP HELP OUT



## Corporate Volunteering

Group volunteering is a great way to build stronger teams and use skills to do something for your community. Volunteering for Nourish will give you a fantastic insight into how we work by getting involved at our unit at Big Yellow.

Huge thanks to the guys from **AXA PPP** that spent a day sorting Harvest donations, stock checking for out of date food, build some new shelving units and reorganising two of our units as well as a general clear up.

Contact us at **01892 548892** or [office@nourishcommunityfoodbank.org.uk](mailto:office@nourishcommunityfoodbank.org.uk) to find out how you can get a team involved.

## FANTASTIC FUNDRAISING



## TonbridgeHalf4Foodbank!

Nourish would like to thank Melissa Cubbon and Sam Smith for their amazing fundraising efforts in October. They both endured the Tonbridge half marathon all in aid of Nourish and raised a fantastic **£460.00!**

## GET INVOLVED!

## Want To Help?

If you would like to get involved with fundraising, volunteering or would like to set up a food collection for Nourish, please call **01892 548 892** or contact us at [office@nourishcommunityfoodbank.org.uk](mailto:office@nourishcommunityfoodbank.org.uk)