

Principal Funder: Town and Country
Foundation.



Have you tried 'Ebay for Charity'?

Do you sell sometimes unwanted items on eBay? Would you like to support Nourish Community Foodbank at the same time? Well, you can, using 'eBay for Charity'.

It's very simple. When listing your item for sale you can select the charity you wish to support, decide on the percentage of the final selling price that you'd like to donate and then go ahead and list.

Three weeks after the item has sold, the Paypal Giving Fund (which is eBay's charity partner in this venture) donates your selected percentage to your chosen charity.

It's that straightforward. There's plenty of help on eBay to guide you through the listing process and your selection of charity. If you've never sold through eBay before, that's very easy as well. All you need is a digital photograph of your object and it can be up for auction within minutes.

Don't be shy. Why not have an early spring clean of your loft, garage or garden shed and start selling on eBay, supporting your favourite charity at the same time!

Friends of Nourish

Support "Friends of Nourish"

Would you like to regularly support Nourish? Would you be prepared to join 'Friends of Nourish'?

It's well known that there has been a sustained increase in the use of foodbanks in the UK and it is incredible that in such a wealthy area as Tunbridge Wells, some people still cannot afford to put food on the table. 'Friends of Nourish' has been formed to encourage regular and sustainable financial support to help us provide emergency support to people in crisis.

We would like you to commit to donating £3 a month. In return we won't waste your money on free pens, badges or membership gimmicks. Instead we will use your donation to help provide storage, fund fresh food vouchers in our food bags and pay the petrol expenses of our loyal band of delivery volunteers.

If you would be prepared to join 'Friends of Nourish' please visit our website at www.nourishcommunityfoodbank.org.uk and follow the links on our donations page.

We hope you can help us build Nourish into a sustainable provider of emergency support in Tunbridge Wells and the surrounding areas.



Quiz Night and Silent Auction..

Just a brief note to give everyone advance notice that Nourish will be holding a fund-raising Quiz Night and Silent Auction on the evening of Friday the 17th of April. The final details are currently being worked on but it will be held in the church hall of King Charles the Martyr, near The Pantiles in Tunbridge Wells.

As soon as ticket prices and booking arrangements have been confirmed, a separate notice will be circulated but, in the meantime, please put the date in your diary. It should be a fantastic evening!

Does your company have a 'Charity of the Year'?

Many companies today have a charity partner or 'Charity of The year' that they work to support. Charity partners are a fantastic idea as they allow both charity and company to build a strong working relationship and really understand how each other operates in the not-for-profit environment.

Nourish have been extremely fortunate to work with some great corporate partners and their support has been documented many times both on our web-site and in the news-letter. We're aware that companies often have set times in the working year when they choose who they will work with. Nourish would love to be considered whenever the opportunity arises.

Do you work for a company that chooses a charity partner? Can you help us get the chance to present the work that we do and possibly work with your company?

If you could help us gain introductions we would be very grateful to hear from you. Representatives from Nourish would be delighted to meet with companies and explain how we help people in crisis.

If you think you could help with an introduction, please contact us using the details at the base of the newsletter.

Thank you in advance for your help.

Using 'Virgin Money Giving' to donate..

If you would like to make a donation to Nourish, either for a single amount or a fixed regular amount, using the Virgin Money Giving facility via our web-site is a quick and efficient way to do just that.

You can select the amount you wish to donate, select the frequency and even use PayPal for additional security. If you have raised money from an event, Virgin Money Giving could help you transfer your generous donation quickly and easily.

To access Virgin Money Giving, just follow the links on our website.



Sainsbury's Bake Sale..

Nourish continued its partnership with Sainsbury's by holding a Bake Sale at the Tunbridge Wells branch. Thank you to everyone who helped bake. We raised £127 from the sale of baked goods and we also collected £912 which had been raised from our collection pods.

This just shows how effective our commercial partnerships can be and why we would be delighted to establish relationships with other companies to help support our work.



To Contact Nourish

Call our office on 01892 548892

Or e-mail at office@nourishcommunityfoodbank.org.uk