



NEWSLETTER

September  
2015

[WWW.NOURISHCOMMUNITYFOODBANK.ORG.UK](http://WWW.NOURISHCOMMUNITYFOODBANK.ORG.UK)

REGISTERED CHARITY NO. 1154716

# Nourish Update

by Paul Haines ( Co-Chair )

Six months into the year and we are delivering on average 128 food parcels per month which is notably higher than in 2014-2015.

Domestic violence referrals still remain a significant proportion of our deliveries and we are maintaining our 2 hour emergency bag delivery relationship with DAVSS who refer newly rehoused victims to us.

September was a great month with the **Dragon Boat Festival** at Bewl Water bringing in much needed funds and we are now looking forward to our November event in conjunction with **Childrensalon** at Woods restaurant in the Pantiles on 21<sup>st</sup> November. Come along for some great food, live music and lots of fun!

Our new collection boxes have been delivered and can be seen in and around Tunbridge Wells so if you would like to hold collections for Nourish at your place of work then please get in touch by email at [paul.haines@nourishcommunityfoodbank.org.uk](mailto:paul.haines@nourishcommunityfoodbank.org.uk)

We are delighted that Nourish has been selected by several schools and churches for food collections during this year's Harvest

Festival. This will help replenish our food stocks after the busy summer period.

We are still looking at recruiting volunteers in all roles but are really keen to talk to drivers who could help to deliver food parcels. Call Dawn on **07785 987532** if you can help for a few hours each week, especially on a Friday morning.

Thanks so much for your continued support.

Paul Haines  
Co-Chair

## Just To Clarify...

We have been asked several questions about the recent press coverage of Nourish and we would like to assure everyone that our policies and processes remain as robust as they always have been. In no instance can anybody self refer or "order food over the phone"

Our delivery service has been in place since our inception in 2012 and was a decision taken from the outset to reflect the twenty mile radius area that we cover, the logistics for our beneficiaries carrying heavy bags, client confidentiality and the prohibitively high cost of setting up and running a central collection point in Tunbridge Wells. This policy is not and never has been a response to any client requests.



## Lottery Funded!

Nourish is very excited to announce that we have received a grant from the **Big Lottery Fund** for **£4,064**.

The funding will be used to help pay for volunteer expenses, a tablet and mobile phone package and petrol costs for food collection and delivery. This will help facilitate our expansion into Tonbridge.



## Sainsbury's Update

We continue to receive amazing food donations on a weekly basis from our collection point in store. Our cash collection pods have now been removed from the store to make way for the 2015-2016 charity of the year. As at 25.09.15 we have collected a total of **4,017.30kg** of food and **£3,596.12**

# Fundraising, Collections and Events

2015-2016



The total raised by all involved was an amazing **£2,420.00**

## Dragon Boat Festival

What a fantastic day! A team of Nourish volunteers and trustees donned their life vests and took to the water at Bewl Water for the 18th annual Dragon boat festival!

We are still collecting sponsorship and will update the amount raised once all the funds are in!



We won our first two heats and then smashed 10 seconds off our best time in the final race! Overall we came 14th out of 57 teams and only missed out on racing in the final race by 0.7 seconds!

## Childrensalon Dragon Boat

Thanks go to everyone at Childrensalon who rowed at the Dragon Boat festival.



## The Big Nourish Bid Off

Nourish, in conjunction with Childrensalon, are holding a very exciting night of fundraising at Woods restaurant in the pantiles on 21<sup>st</sup> November.

# Save The Date!

21<sup>st</sup> November 2015



If you would like to contribute a prize to our auction or raffle then please email [paul.haines@nourishcommunityfoodbank.org.uk](mailto:paul.haines@nourishcommunityfoodbank.org.uk) with a description, a value and a photo if possible.

Any item or service donated will receive exposure on our website and social media

Tickets will go on sale soon so save the date!!

## CORPORATE FUNDRAISING 2016

### Is your company thinking of supporting a charity in 2016?

Partnering with us as your chosen charity of the year is a fantastic way to get your whole company united around a local charity and increase staff retention, loyalty and motivation.

We can provide you with a range of fundraising materials, support and motivation along the way.

If you are interested in supporting Nourish Foodbank in 2016 then please email Paul on [paul.haines@nourishcommunityfoodbank.org.uk](mailto:paul.haines@nourishcommunityfoodbank.org.uk)

## NEW COLLECTION POINTS



## We are now at Asda!

We now have a permanent collection point at Asda, Longfield Road and we will be emptying on a weekly basis.

We would also like to thank Frant Stores and Post Office for having a collection point in store.

## GET INVOLVED!

## Want To Help?

If you would like to get involved with fundraising, volunteering or would like to set up a food collection for Nourish, please call **01892 548 892** or contact us at [office@nourishcommunityfoodbank.org.uk](mailto:office@nourishcommunityfoodbank.org.uk)