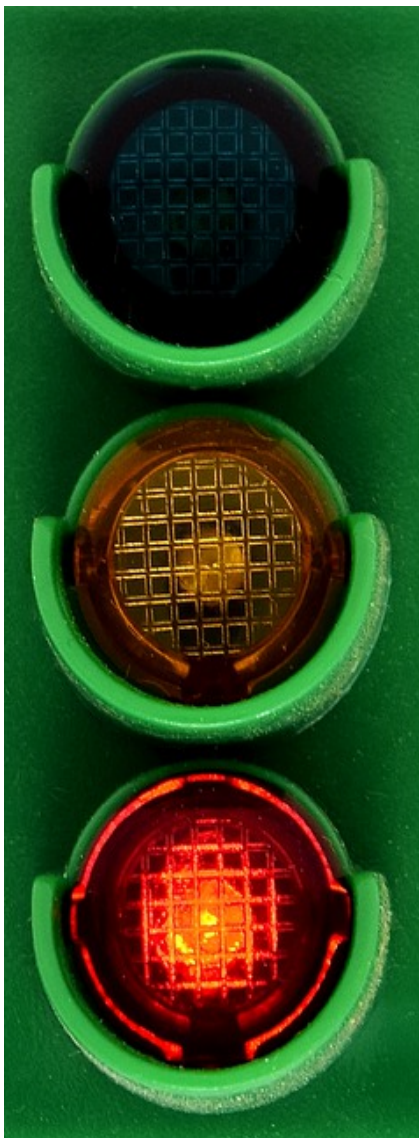


Here's what we need to put into our foodbags this month!



WE DESPERATELY NEED:

- TOILETRIES (e.g. DEODORANT, TOOTHBRUSHES)
- HOUSEHOLD ITEMS (e.g. LAUNDRY TABLETS)
- TINNED SPAGHETTI
- TINNED VEGETABLES (NOT CARROTS)
- INSTANT MASH
- COFFEE
- CONDIMENTS (e.g. STOCK CUBES, SMALL KETCHUP OR COOKING OIL)

WE ALSO NEED:

- PULSES

DON'T DONATE AS WE HAVE ENOUGH!:

- PASTA
- BEANS
- SOUP
- CEREAL/PORRIDGE
- TINNED SWEETCORN
- SANITARY ITEMS